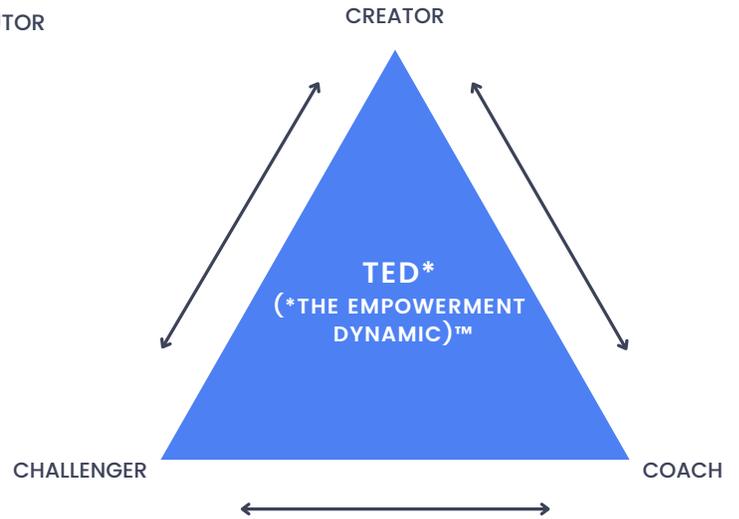
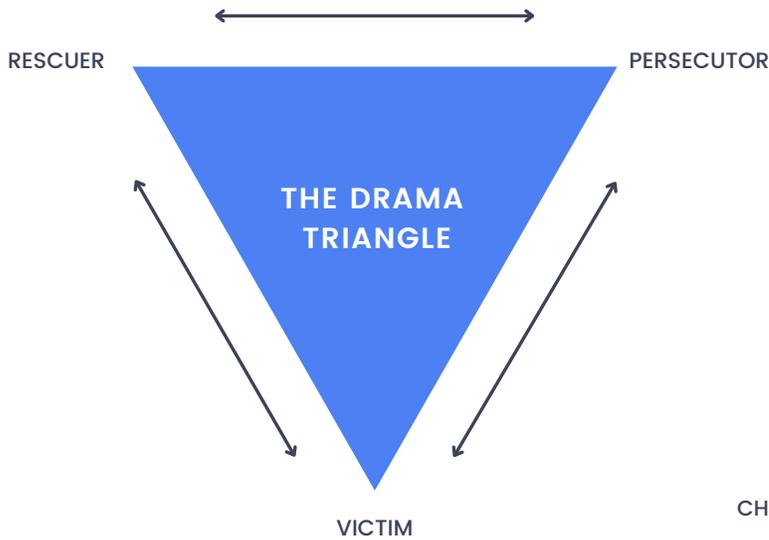


TRANSFORM DRAMA INTO EMPOWERMENT

Content derived from The Power of TED* (*The Empowerment Dynamic)® and 3 Vital Questions® by David Emerald.



1 Where am I putting my focus?

Am I focusing on Problems or Outcomes? A problem focus engages the Victim Orientation. When you upgrade to a Creator Orientation, you focus on outcomes.

2 How am I relating?

Am I producing or perpetuating drama or am I empowering others and myself to be more resourceful, resilient, and innovative?

3 What actions am I taking?

Am I merely reacting to the problems of the moment or am I creating by taking Baby Steps - including the solving of problems - in service to envisioned outcomes?

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